releasing the water insoluble particulate solid in an unaggregated and/or unagglomerated state,

wherein the water insoluble particulate solid component [consisting essentially] consists of a composition of a water insoluble substance comprising particles of a therapeutically useful water insoluble or poorly water soluble compound, [a]at least one phospholipid and optionally also at least one non-ionic, anionic, cationic or amphipathic surfactant other than phospholipid, wherein a volume weighted mean particle size of the water insoluble particle is 5 micrometers or less.

3. (Twice amended)A rapidly dispersing solid dosage form [of claim 1] consisting essentially of a water insoluble nanometer or micrometer particulate solid which is surface stabilized within one or more surface modifiers of which at least one is a phospholipid, the water insoluble particulate solid dispersed throughout a bulking matrix optionally also including a releasing agent forming a therapeutic dosage form when dried which when the dosage form is introduced into an aqueous environment the bulking/releasing matrix is substantially disintegrated within less than 2 minutes thereby releasing the water insoluble particulate solid in an unaggregated and/or unagglomerated state,

wherein the bulking/releasing matrix component is selected from the group consisting of saccharides, polysaccharides, humectants, natural polymers, synthetic polymers, inorganic additives, and cellulose based polymers.